

# GOOD NEWS STORIES

Prevention and Promotion Fund for Better Mental Health – Rotherham

## Less Isolation and More Activities

### Background

Client K is a carer and was introduced to the social café by a member of staff who did an initial home visit as she required support with applying for benefits for her daughter and was made aware of the drop-in session at Mowbray gardens library, and this encouraged her to attend the group activity.

### Support needs identified

Clint K supports her young daughter who has a left central corneal ulcer in her eye which affects her vision and independence and must be supported with daily living tasks including washing and dressing, medication support and managing in the home. This is an ongoing condition and there is a possibility that she will need surgery when she is 18 years old.

Client K was referred to Rotherham Sight & Sound (RSS) who by chance had been invited to speak about their service at the group session. Client K was able to speak with the advisor from RSS in person and they offered to support her with making applications for any grants that she may be eligible for as well as providing information and support and accessing any additional resources for her daughter.

### Outcome

Since attending the group activity and drop-in session Client K has registered to take part in conversational English classes which will start in January and supported to complete DLA form for her daughter. She has also signed up to do sewing classes as she enjoys this, and long term is looking at this as a way of gaining employment and being financially independent.

Client K feels much happier and has a better understanding of the types of services she can access. Client K also attended the boat trip which she found enjoyable and something new that she had experienced for the first time. A positive outcome is that she has become less isolated due to accessing social and community activities.

Rotherham Federation of Communities Ltd Charity no: 5913521, Company no: 1158600, Voluntary Action Rotherham (VAR) Charity no: 1075995, Company no: 2222190, YAWR Services Charity no: 1192406, Rotherham Ethnic Minority Alliance Charity no: 1140365, Company no: 04730630, Age UK Rotherham Charity no: 1039771, Company no: 1927474, Rotherham Parents & Carers Forum Charity no: 1147969, Company no: 07719951, Live Inclusive Charity no: 1065630, Company no: 3126759